

REQUIREMENTS: This camp is for all grades up to incoming 10th graders (exceptions must be approved by Coach Sroka).

Kent Wrestling Camp
Application
Registration Deadline:
6/17/11

Name: _____

Phone: _____

Address: _____

City: _____

Zip Code: _____

School Name: _____

2010-11 Grade: _____

Current Weight: _____ Age: _____

Circle T-Shirt Size (Adult sizes only)

S M L XL XXL

Please remove application and send \$70.

(Make checks out to Kentwood H.S.)

Kentwood High School
25800 164th Ave. SE
Covington, WA 98042

Questions?

Ken Sroka

Kenneth.Sroka@kent.k12.wa.us
Phone (253) 373-4781
Fax (253) 373-7326

Insurance Information

Parent(s) Name: _____

Home Phone: _____

Work Phone: _____

E-mail: _____

Insurance Company: _____

Insurance Policy #: _____

List any medical conditions: (include allergies and any medications participant will be taking at the time of the camp) _____

Alternative Emergency Contact: _____

Phone: _____

I agree to allow my child to be treated by a licensed physician or registered nurse at the camp or licensed facility if need be while attending the Kent Wrestling Camp if necessary and to assume all costs related to such treatment. I understand that there is no refund for the camp if we (parent or child) should cancel the application. I have read and agree to the terms associated with the camp flyer and information sheets. I hereby waive my right to any and all charge backs against the Kent Wrestling Camp as outlined in the agreement and furthermore agree to resolve any and all disputes that may arise over all matters directly with the Kent Wrestling Camp. I understand that the camper attending the Kent Wrestling Camp is using any camp facilities does so at his/her own risk. The host school district, it's athletic department and staff are not liable for any damages arising from personal injury sustained by the camper during the camp session and so I hereby fully and forever exonerate and discharge the district, staff, Kent Wrestling Camp, owners, employees and other agents from any and all claims, demands, damages, rights of action or causes of action, present or future, whether the same be known, anticipated or unanticipated, resulting from or arising out of the camper's participation in the camp session and in the use of the facilities.

I HAVE READ AND UNDERSTAND THE MEDICAL RELEASE AND I WILL BE RESPONSIBLE FOR ANY MEDICAL OR OTHER CHARGES IN CONNECTION WITH MY CHILD'S ATTENDANCE AT THE KENT WRESTLING CAMP.

(PARENT OR GUARDIAN SIGNATURE)

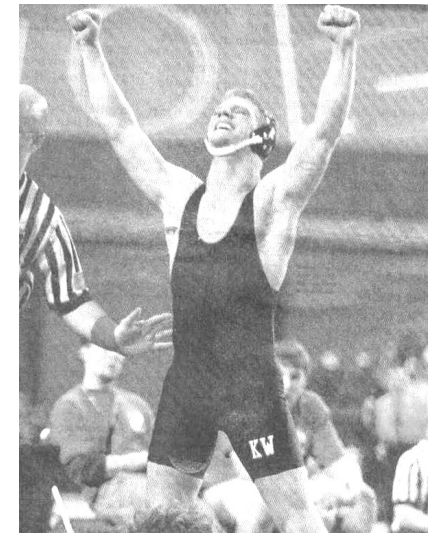
✂
Cut & detach here

KENTWOOD
WRESTLING PRESENTS

**KENT
SUMMER
WRESTLING
CAMP**

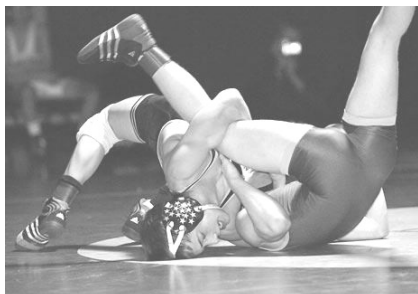
June 27th-June 30th, 2011

*"Summer Wrestling makes
Winter Champions"*



Ken Sroka: Camp Director
E-Mail: Kenneth.Sroka@kent.k12.wa.us
Phone: (253) 373-4868

KENT SUMMER WRESTLING CAMP



CAMP SCHEDULE

Monday - Wednesday

9:00-11:00 am Instruction

11:00-12:00 pm Lunch/Videos

12:00-2:00 pm Instruction

**Check-in is from 8:30 am-9:00 am on Monday

Thursday

9:00-12:00 am** End of Camp
Tournament

**Tournament time is approximate

TOURNAMENT

The last day of the camp, a wrestling tournament will be provided to test your camper's skills against other campers. This will take place on Thursday at 9:00 A.M. Parents are both welcomed and encouraged to come and support their camper(s).

CAMP PHILOSOPHY

This camp is technique camp and is designed to cover the three basic skills to become a champion.

- TAKE DOWNS
- ESCAPES
- PINNING COMBINATIONS

Our camp has included Middle School coaches, SPSL wrestling coaches, college All-Americans and other outstanding coaches from across the state. We are dedicated to giving our campers a fun-filled and valuable wrestling experience.

LOCATION

Kentwood High School is located at:
25800 164th Ave. SE,
Covington, WA 98042.

The camp will take place in the auxiliary gym.

COST

Camp cost is \$70.00 non-refundable, for 4 days. This includes outstanding instruction, wrestling tournament entry fee, and a T-shirt. Make sure you register early. Only a limited number of wrestlers will be accepted.



Kentwood Head Coach Ken Sroka prepares to show his "Gilbert" series.

CLINICIANS

HEAD CLINICIAN KEN SROKA

College All-American and Head Coach at Kentwood High School for the past 14 years. In that span, he has coached 38 state placers and 8 state champions. Two-time SPSL Coach of the Year, 2008 Regional Coach of the Year.

PAST CLINICIANS

- ⇒ Kendall Anderson: Coach at Kentwood H.S.
- ⇒ Brian Higa: Coach at Tahoma H.S. and M.S.
- ⇒ Brett Lucas: Coach at Beamer H.S.
- ⇒ Eric Idler: Coach at Ellensburg H.S.
- ⇒ Brian Peterson: Former coach at Auburn H.S.
- ⇒ John Anderson: Coach at Kentwood H.S.
- ⇒ Chris Ducuono: Former coach at Auburn H.S.
- ⇒ Ed LaCrosse: Former coach at Peninsula H.S.
- ⇒ Andy Boe: Former coach at Yakima Valley C.C.
- ⇒ Mark Peterson: Coach at Steilacoom H.S.
- ⇒ Jarrett Tomalin: Coach at Kentwood H.S.
- ⇒ Jon Maryanski: Former coach at Tahoma H.S.

On the web at:

<http://www.kentwoodwrestling.com>

Kentwood High School
25800 164th Ave. SE
Covington, WA 98042

Phone: 253-373-4868

Fax: 253-373-7326

E-mail: Kenneth.Sroka@kent.12.wa.us