

November 2009

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16 Practice 3:00-5:00	17 Practice 3:00-5:00	18 Practice 3:00-5:00	19 Practice 3:00-5:00	20 Practice 3:00-5:00	21 Practice 9:00-11:00
22	23 Practice 3:00-5:00 **Weight Management**	24 Practice 11:30-1:30	25 Practice 11:30-1:30	26 NO PRACTICE	27 Practice 9:00-11:00	28 Practice 9:00-11:00
29	30 Practice 3:00-5:00 *Parent Night at 5:30*					

December 2009

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1 Todd Beamer Takedown Jamboree @ Todd Beamer H.S. (All eligible wrestlers)	2 Kentwood/Beamer Vs. Rogers/Emerald Ridge @ Rogers H.S. (Varsity)	3 Practice 3:00-5:00	4 Practice 5:00-7:00 *PICTURE DAY	5 Varsity Practice 9:00-11:00 JV Emerald Ridge Tournament @ Emerald Ridge H.S.
6	7 Practice 3:00-5:00	8 Practice 5:00-7:00	9 Kentridge @ Kentwood	10 Practice 3:00-5:00	11 Battle at the Border @ Blaine H.S.	12 Battle at the Border @ Blaine H.S. **Franklin Pierce** JV/Girls Tournament
13	14 Practice 3:00-5:00	15 Practice 5:00-7:00	16 Kentwood @ Auburn	17 Practice 3:00-5:00	18 Practice 3:00-5:00	19 Practice 9:00-11:00
20	21 Practice 3:00-5:00	22 Practice 5:00-7:00	23 Enumclaw//Yelm/ Kentwood @ Kentwood 5:00 JV and Varsity	24 Practice 9:00-11:00	25 NO PRACTICE	26 NO PRACTICE
27	28 Practice 9:00-11:00	29 Practice 9:00-11:00	30 Practice 9:00-11:00	31 Practice 9:00-11:00 Varsity will leave for Pac Coast after Practice		

January 2010

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1 Pac Coast @ Hudson's Bay H.S. (Varsity and few JV)	2 Pac Coast @ Hudson's Bay H.S. (Varsity and few JV)
3	4 Practice 3:00-5:00	5 Practice 5:00-7:00	6 Practice 3:00-5:00	7 Tahoma @ Kentwood	8 Practice 3:00-5:00	9 Panther Classic @ Snohomish H.S. Rogers JV Duals @ Rogers H.S.
10	11 Practice 3:00-5:00	12 Practice 5:00-7:00	13 Kent-Meridian @ Kentwood	14 Practice 3:00-5:00	15 Practice 3:00-5:00	16 CK Matman Tournament @ Central Kitsap H.S. JV Tournament @ Kentlake H.S.
17	18 Practice 9:00-11:00	19 Practice 5:00-7:00	20 Practice 3:00-5:00	21 Kentwood @ Kentlake	22 Practice 3:00-5:00	23 Jaguar Inv. @ Emerald Ridge H.S. (All Wrestlers)
24	25 Practice 3:00-5:00	26 Practice 5:00-7:00	27 Practice 3:00-5:00	28 Practice 3:00-5:00	29 Practice 3:00-5:00	30 Thomas Jefferson JV Tournament @ T.J. High School (All JV)
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February 2010

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1 Practice 3:00-5:00	2 Practice 5:00-7:00	3 Practice 3:00-5:00	4 Practice 3:00-5:00	5 Sub-Regional Tournament @	6 Sub-Regional Tournament @
7	8 Practice 3:00-5:00	9 Practice 5:00-7:00	10 Practice 3:00-5:00	11 Practice 3:00-5:00	12 Regional Tournament @ Auburn H.S.	13 Regional Tournament @ Auburn H.S.
14	15 Practice 9:00-11:00	16 Practice 9:00-11:00	17 Practice 3:00-5:00	18 Practice 3:00-5:00	19 STATE TOURNAMENT @ Tacoma Dome	20 STATE TOURNAMENT @ Tacoma Dome
21	22	23	24	25	26	27
28						